

# Extracurricular activities



Flashmob

## ***Athletics Carnival***

The Athletics Carnival is held in Term 1.

All students are encouraged to participate in this whole school event.

Students of all capabilities are catered for in the offering of the traditional events along with many novelty activities.

## ***Camps and excursions***

Activities such as camps and excursions can greatly enhance the progress of learning, offering new, varied, challenging and practical experiences across the learning areas.

Students discover and experience new environmental settings and learn new skills first hand. In most cases there is an additional cost for camps and excursions which helps cover things such as entrance fees, transport and/or equipment

hire. Locally based excursions do not incur costs.

Camps and excursions may take the form of:

- day excursions to places of interest
- performing arts during and after school hours
- participation in sports and cultural events
- music, physical education and outdoor education camps.

## ***Knockout sport***

A variety of sports are available to students throughout the year as an extra-curricular activity. Students are required to complete approved lesson checks with their teachers and pay all monies up front, before they are able to participate on

each occasion.

Some of the sports include:

- Football, Cricket, Netball, Basketball, Hockey, Volleyball, Tennis, Rugby.



Sports Day



Life Be In It

## **WASAC & SASSSA**

The Western Areas Secondary Schools Athletics Carnival incorporates schools from Port Lincoln, Ceduna, Roxby Downs and Port Augusta. The dates for this event are published through newsletters and parent notices.

Students who perform well during Sports Day are selected to compete at WASSAC, and these students may go on to compete at the SASSSA Carnival which is held at SANTOS stadium in Adelaide.

## **Other activities include:**

### **LUNCHTIME ACTIVITIES**

- *Maths club, Wii games, Board/card games, sport.*

### **VARIETY NIGHT**

- *Performances by drama and music students*

### **YEAR 12 FORMAL**



## **Youth Opportunities**

Youth Opportunities is a 10 week Leadership program offered to students in year 10.

The sessions are facilitated by two accredited Youth Opportunities Trainers who work with groups of approximately 15-18 Year 10 students, for one day per week over a 10 week period. The program includes a combination of facilitated group discussion, one-on-one coaching, animated DVD and bookwork.

Session content addresses a range of topics including bullying, peer pressure, confidence, self-belief, improving communication, developing relationship skills, goal planning and motivation. These concepts provide young people with a framework for thinking that assists them in developing values, knowledge and skills to make positive and productive choices.



Indoor soccer